

**Usually wear sizes 12-18?** Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

**Metric**

**Sizes 00-18**

	00	0	2	4	6	8	10	12	14	16	18
<b>BODY MEASUREMENTS (CENTIMETERS)</b>											
BUST	81	84	86	89	91	94	98	102	107	112	117
WAIST	61	64	66	69	71	74	77	81	86	91	96.5
HIP	86	89	91	94	97	99	103	107	112	117	122
SHOULDER	35	35.5	36	37	37.5	38	39.5	40.5	42	43	44.5
<b>MAIN FABRIC REQUIRED (METERS)*</b>											
114 CM	2.3	2.3	2.3	2.3	2.3	2.3	2.3	2.5	2.5	2.5	2.5
152 CM	1.5	1.5	1.5	1.5	1.5	1.5	1.5	1.7	1.7	1.7	1.7
<b>FINISHED GARMENT (CENTIMETERS)</b>											
SHOULDER**	49.5	50.8	52	53.3	54.6	55.8	57.7	59.7	62.2	64.7	67.2
BUST**	96.7	99.2	101.7	104.2	106.7	109.2	113.1	116.9	122	127	132.1
WAIST**	97.7	100.2	102.8	105.3	107.9	110.4	114.3	118.1	123.2	128.3	133.4
HIP**	99	101.6	104.1	106.7	109.2	111.7	115.6	119.5	124.5	129.6	134.7
BICEP**	34.3	35.6	36.9	38.2	39.5	40.8	42.1	43.4	44.7	46	47.3
CB LENGTH**	51.9	52.7	53.5	54.3	55.1	55.9	56.5	57.2	57.8	58.4	59

\* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\*Shoulder is measured from shoulder to shoulder across the back. Bust is measured 2.5 cm below the armhole. Waist is measured 15.2 cm below the armhole. Hip is measured at the hem. Bicep is measured at the seam. Center back (CB) length is measured from the back of the neckline to the hem.

**Usually wear sizes 12-18?** Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

## Metric

### Sizes 12-30

	12	14	16	18	20	22	24	26	28	30
<b>BODY MEASUREMENTS (CENTIMETERS)</b>										
BUST	102	107	112	117	122	127	132	137	144.5	152
WAIST	84	89	94	99	104	109	114	119	126.5	134
HIP	112	117	122	127	132	137	142	147	154.5	162
SHOULDER	37	37.5	38	38.5	39.5	40.5	42	43	43	43
<b>MAIN FABRIC REQUIRED (METERS)*</b>										
114 CM	2.5	2.5	2.5	2.5	2.6	2.6	2.6	2.6	2.6	2.6
152 CM	1.7	1.7	1.7	1.7	2.6	2.6	2.6	2.6	2.6	2.6
<b>FINISHED GARMENT (CENTIMETERS)</b>										
SHOULDER**	55.9	58.5	61	63.5	66	68.5	70.9	73.4	74.8	76.2
BUST**	116.9	122	127	132.1	137.2	142.3	147.3	152.4	160.1	167.7
WAIST**	120.4	125.5	130.5	135.6	140.7	145.8	150.9	155.9	163.6	171.2
HIP**	124.5	129.5	134.6	139.7	144.8	149.8	154.9	160	167.6	175.2
BICEP**	46.9	48.2	49.5	50.8	52.1	53.5	55	56.6	58.6	60.7
CB LENGTH**	54.6	55.2	55.9	56.5	57.2	57.8	58.4	59	59.7	60.3

\* Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\*Shoulder is measured from shoulder to shoulder across the back. Bust is measured 2.5 cm below the armhole. Waist is measured 15.2 cm below the armhole. Hip is measured at the hem. Bicep is measured at the seam. Center back (CB) length is measured from the back of the neckline to the hem.