**Usually wear sizes 12-18?** Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

## Metric

## **Sizes 00-18**

	00	0	2	4	6	8	10	12	14	16	18	
BODY MEASUREMENTS (CENTIMETERS)												
CHEST	81	84	86	89	91	94	98	102	107	112	117	
WAIST	61	64	66	69	71	74	77	81	86	91	96.5	
HIP	86	89	91	94	97	99	103	107	112	117	122	
MAIN FABRIC REQUIRED (METERS)*												
114 CM	4.9	4.9	4.9	4.9	4.9	4.9	4.9	5.2	5.2	5.2	5.2	
152 <b>CM</b>	3.4	3.4	3.4	3.4	3.4	3.4	3.4	3.7	3.7	3.7	3.7	
FINISHED GARMENT (CENTIMETERS)												
SHOULDER**	29	29.6	30.3	30.9	31.5	32.2	33.1	34.1	35.4	36.6	37.9	
CHEST**	111.8	114.3	116.9	119.4	122	124.5	128.3	132.2	137.3	142.4	147.4	
WAIST**	111.8	114.3	116.9	119.4	122	124.5	128.3	132.2	137.3	142.4	147.4	
HIP**	111.8	114.3	116.9	119.4	122	124.5	128.3	132.2	137.3	142.4	147.4	
BICEP**	39.5	40.8	42.1	43.4	44.7	46	47.3	48.6	50	51.3	52.6	
CB LENGTH**	107.2	108.6	110	111.5	112.9	114.3	115.6	116.8	118.1	119.4	120.6	

center back (CB) length is measured from the back of the neckline to the hem.

<sup>\*</sup> Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\* Shoulder is measured from shoulder to shoulder across the back. Chest is measured at the notches.

Waist is measured at the circles. Hip is measured at the notches. Bicep is measured at the seam.

**Usually wear sizes 12-18?** Compare your body measurements to both the 00 -18 size range and 12 -30 size range body measurements, then choose the best fit for your figure.

## Metric

## **Sizes 12-30**

	12	14	16	18	20	22	24	26	28	30		
BODY MEASUREMENTS (CENTIMETERS)												
CHEST	102	107	112	117	122	127	132	137	144.5	152		
WAIST	84	89	94	99	104	109	114	119	126.5	134		
HIP	112	117	122	127	132	137	142	147	154.5	162		
MAIN FABRIC REQUIRED (METERS)*												
114 CM	5.2	5.2	5.2	5.2	5.9	5.9	5.9	5.9	5.9	5.9		
152 <b>CM</b>	3.7	3.7	3.7	3.7	3.9	3.9	3.9	3.9	3.9	3.9		
FINISHED GARMENT (CENTIMETERS)												
SHOULDER**	33.3	34.6	35.9	37.1	38.4	39.7	40.9	42.2	44.1	46		
CHEST**	132.1	137.2	142.3	147.3	152.4	157.5	162.6	167.7	175.3	182.9		
WAIST**	132.1	137.2	142.3	147.3	152.4	157.4	162.5	167.6	175.2	182.8		
HIP**	132.1	137.2	142.3	147.3	152.4	157.5	162.5	167.6	175.2	182.8		
BICEP**	51.5	52.8	54.1	55.4	56.7	58	59.3	60.6	61.9	63.2		
CB LENGTH**	112.2	113.5	114.8	116	117.3	118.6	119.8	121.1	121.8	122.4		

<sup>\*</sup> Pattern layouts are nondirectional. Purchase additional yardage if using napped or printed fabrics.

\*\* Shoulder is measured from shoulder to shoulder across the back. Chest is measured at the notches.

Waist is measured at the circles. Hip is measured at the notches. Bicep is measured at the seam.

center back (CB) length is measured from the back of the neckline to the hem.